Photoatlas

Two medical salt lakes in Bulgaria

(Burgas and Pomorie)

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2. Introduction

The tourist photoatlas "Two medical salt lakes in Bulgaria" documents our holidays in Bulgaria (September 2021) and visits to two medical salt lakes in Burgas and Pomorie. This photoatlas complements the other two our photoatlas on the Bulgarian theme.

1. One Day in the Stone Forest (2019)

http://rcswww.urz.tu-dresden.de/~wolodt/BILD-ATLAS/Varna-2019.pdf

2. Kurort "St. Konstantin und St. Helena"/Varna-2020

https://atlas-semiotics.jimdofree.com/bild-atlantothek/

Atanasov Lake is located between the city of Burgas and the village Sarafovo. The lake is separated from the Black Sea by the Atanasov spit. The famous mud baths, salt ponds with pink water and healing mud are located in the north-eastern part of Burgas.

The lake is also used for salt mining. One can get to the mud baths by car, bicycle, on foot or by electric bus from the recreation park from the station Flora to Solonitsy. The fare is 3 levs. **Lake Pomorie** is a lagoon, which is separated from the sea by a long sand spit and is located in the north of Pomorie. Salt lake Pomorie has a medical mud and the salt museum, the only one in Bulgaria. Special procedures (mud therapy) are offered in Pomorie hotels - Grand Hotel Pomorie, Saint George and others. Therapeutic mud helps to get rid of skin diseases, arthritis and arthrosis, respiratory and nervous systems.



View of the mud baths from the Atanasov spit. The entrance costs 2 lev/1euro.



Salt healing ponds with pink water.





About self-medication procedures: first you need to lie down in salt water 20-30 minutes, then smear with healing mud, and after drying up, one can go to the sea for a swim..



A poster about Lake Atanasov as a nature reserve. In 1980, the northern half of the lake was declared a protected area.



View of the mud baths on the photo map.



Lake view at the salt museum.



One of the authors at the salt museum



Salt mining at the salt museum.

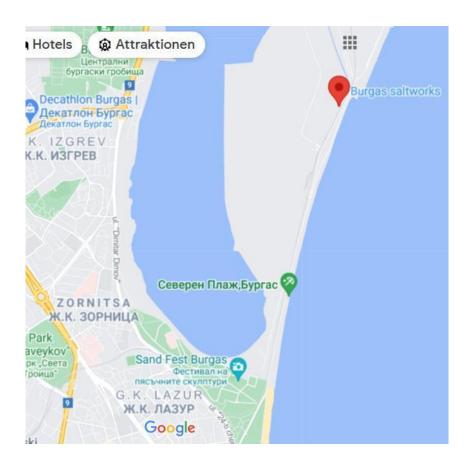


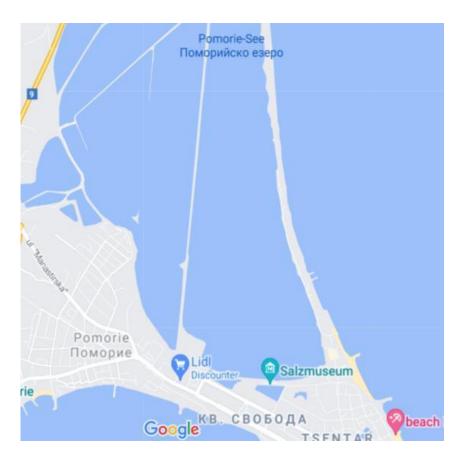
View of the lake and the hotel "Pomorie".



A place for free self-treatment with mud near the museum. Unfortunately, the self-treatment in the salt lake is without comfort - there are no showers and no changing cabins.

5. Google maps of lakes





Burgas Pomorie

6. About the authors



Dr. Carmen Wolodtschenko Freelance journalist Dr. Dr.h.c. Alexander Wolodtschenko Author of ca 100 thematic photoatlases

7. List of slides and imprint

Slides 1, 4-8, 11-15: photo archive of Wolodtschenko A.

Slides 9, 10: photo archive of Wolodtschenko C.

Slides 8, 14: Google Maps (https://maps.google.de/maps)

Wolodtschenko A., Wolodtschenko C.

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Photoatlas.

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